

This week's services

Sunday 23 Lent 3

8.30am	Holy Communion (BCP)	Eastergate
9am	Mattins (BCP)	Barnham
9.30am	Said Mass (BCP)	Barnham
9.45am	Sunday Seekers	Eastergate Sch
10am	Family Communion	Eastergate
10am	Parish Communion	Aldingbourne
11.15am	Sung Mass	Barnham
6pm	Evensong (BCP)	Barnham

Tues 25 *Annunciation of the Lord*

6.30pm	Sung Mass	Barnham
7.15pm	Lent course	Barnham

Wed 26 *Feria*

10am	Holy Communion	Eastergate
Noon	Lent course	Westergate Methodist

Fri 28 *Feria*

Noon	Funeral - <i>Jim Helyer</i>	Eastergate
6.30pm	Stations of the Cross	Barnham

Sunday 30 Lent 4 (Mothering Sunday)

8.30am	Holy Communion (BCP)	Eastergate
9am	Mattins (BCP)	Barnham
9.30am	Said Mass (BCP)	Barnham
10am	All-age Communion (<i>Marquee on the Green</i>)	Eastergate
10am	Parish Communion	Aldingbourne
11.15am	Sung Mass	Barnham
6pm	Evensong (BCP)	Barnham

NEXT SUNDAY'S READINGS

ALDINGBOURNE & EASTERGATE (Lent 4)

Exod 2:1-10, Ps 34, Col 3:12-17, Luke 2:33-35

BARNHAM (Lent 4)

Josh 5:9-12, Ps 34, 2 Cor 5:17-21, Lk 15:1-3, 11-32

St Mary's Aldingbourne - For more information contact Sarah Nichol on 543348 or email sarahnicholpabe@gmail.com

St Mary's Barnham - Please contact Bradley on 07931 527724 or bradley.smith4@gmail.com for further details of services.

St George's Eastergate - Please contact Gary on 552099 or email courtnadge@outlook.com for more information, if needed.

Sunday Seekers meets on Sunday at 9.45am in Eastergate School and joins the church congregation towards the end of the service Further details from Hedda on 696811. Play & Pray - Every Friday morning 10-11.30am in St. George's. For more details contact Hedda on 696811

The Parish Office (Website: www.parishofabe.org.uk)
The Church in the Market Place, 35 Barnham Road, Barnham.
PO22 0ER. 01243-553955

For Parish Office opening times email the Office:
parishofabe@btinternet.com

Contact deadline - 12 noon on Wednesdays

Clergy contact:

Rector - Revd Canon Paul Armstead : 551566
(paularmstead@btinternet.com) (Rest day - Monday)
For colleagues please see the Parish News



ABE CONTACT

23 March 2025

Lent 3

WELCOME to church today especially if this is the first time you have been with us. Please make yourself known to our wardens and stay for refreshments at the end.

FOODBANK collection points for the Bognor Foodbank at Tesco Express, Co-op and the Trading Post in Barnham. Alternatively you can order online at givetoday.co.uk/bognorfoodbank. **This week they are asking for** tinned peas and carrots, baked beans, tinned potatoes and small coffee jars. Or look at their website for the up to date list.

OUR SCHOOL is setting up prayer stations in church on Monday afternoon (31st) and all the school day on Tuesday. Please could we have some volunteers to supervise each station and help the children as they stop and consider. Please let Hedda know if you can.

LENT Our Lent courses continue this week. On Tuesday evening Fr Graham is leading sessions about the Nicene Creed starting after mass in St Mary's Barnham. And on Wednesday our lunchtime Lent course is at the Methodist Church. A light soup lunch at Noon followed by discussion using 'A Passion for Christ' by Michael Baughen. Details in the magazine. All are welcome.

STATIONS OF THE CROSS are one of the ways that we can spend time this Lent contemplating what Jesus undertook for our sakes. Every Friday at Barnham at 6.30pm. All may, some should, none must.

FIRST COMMUNION COURSE will start after Easter. The sessions are as follows

11 May - intro during Sunday Seekers (9.45am) in school

18 May - 2.30 - 4.30pm in school

8 June - 2.30 - 4.30pm in St George's Church

15 June - Admission to Holy Communion at Sunday service

JIM HELYER's funeral will take place at St George's Church at Noon on Friday 28 March. There will be an overflow set up in the marquee with a screen for those unable to find room in the church. Afterwards at the marquee on the Green. Parking on a field will be available.

PARISH PRAYER FELLOWSHIP meets next on Monday 24th March at 2.30pm at Ann's Home. Please join us, everyone is welcome. Please telephone Sharon (01243 555905) or Ann (01243 545892) for more information.

You can donate to our ministry and mission by

- **Joining the Parish Giving Scheme (PGS)** details in each church or contact Chris Wells, Treasurer,
- **By card at the entrance to each church** by Goodbox (contactless) donations.
- **By cash in the Offertory plate during the service**

The Parish of ABE has to raise £2,200 (approx.) per week to meet the costs of ministry and mission and is grateful to everyone who works towards this. Please be generous.